



Whole School Food Policy

Aims and Objectives

Our aim is for all aspects of school life to promote the health and wellbeing of all members of the school community, including food and nutrition, as part of our commitment to being a Healthy School.

To set out a consistent approach to food and drink provision throughout the school day.

That all our pupils learn about food and drink as part of a curriculum that supports health and wellbeing.

To provide high quality school meals to our pupils, within the resources available.

To provide suitable social settings for pupils and staff to consume food and drink.

To work in partnership with parents and carers.

Action to meet our Objectives

1. We will consult pupils, parents and staff in guiding food policy and practice in school.
2. We will seek advice and support from external agencies to develop our policy.
3. We will review our dining environment to encourage the positive social interaction during mealtimes of pupils and staff within our school and consider staff and pupils dining together to help promote a positive dining experience.
4. We will encourage staff to be positive role models to eat healthily where they can be observed by pupils.
5. We will ensure that healthier food and drink options are available and promoted.
6. We will work with food providers and parents to ensure that meals, packed lunches, tuck shops and vending machines, where applicable, are nutritious and healthy and meet the government's food-based standards for school lunches (2006) and New Food Based Standards for All School Food Other Than Lunches (2007). (www.schoolfoodtrust.org.uk).
7. We will ensure that pupil's menus and food choices are monitored periodically.

8. We will ensure pupils have the opportunity to learn about food and nutrition as part of the school curriculum.
9. We will ensure that pupils and staff have easy access to free clean fresh drinking water.

Our whole school food policy covers the following areas:

Breakfast

Our school promotes the value of breakfast and encourages every pupil to have breakfast at the start of the day to ensure they are alert and ready to learn.

We will provide a Breakfast Club offering hot and cold drinks, toast and breakfast cereal.`

Break Times

Our school encourages healthy nutritious sugar free food and drink at break time.

The timing of break allows for students to purchase breakfast, healthy snacks and sandwiches.

School Meals

Our school meals meet the latest School Food Trust's nutrient and food based standards for school lunches and the requirements for food in school other than lunches. Our school will ensure systems are in place to monitor the quality of the meals and the consumption and waste issues.

Packed Lunches

Our school encourages parents to provide nutritious packed lunches based on the Balance of Good Health by providing foods low in fat, sugar and salt. Parents are reminded that a packed lunch needs to be wrapped and kept cold, as lack of refrigeration until lunchtime could lead to growth of harmful bacteria. Parents are encouraged to use an insulated box or bag.

Water

Access to water is a fundamental human right and necessary for good health. Children should drink water regularly during the school day.

Fresh chilled and ambient water is available all day at a number of locations in school. Students are encouraged to bring a water bottle and are allowed to drink water in the classroom.

Educational Visits

Food and drink provided on trips conforms to the latest DfES/Department of Health/School Food Trust guidance and is consistent with the whole school food policy.

Rewards

Our school recognises the importance of acknowledging achievement of pupils. Our school does not reward pupils with sweets or food treats.

Vending Machines

Our school ensures that vending machines offer a range of food and drinks that comply with the School Food Trust Standards and supports the whole school food policy.

Dining room environment

Our school will adopt strategies to improve the current dining room environment and aim to provide adequate space for all pupils to sit down to eat lunch. We will consult with pupils to develop an environment which encourages social interaction.

Food in the curriculum

Our school promotes healthy eating by working with pupils to learn about food in the context of a healthy diet and healthy lifestyle making pupils aware of the variety of foods including foods from other cultures. Pupils will develop skills in planning, budgeting and preparing a diet to achieve the Balance of Good Health as well as basic food hygiene and food safety practices.

Teachers who teach food as part of the curriculum will be given the opportunity to attend appropriate training and have access to resources to keep their skills and knowledge up to date.

Food safety

All food preparation activities taking place in either a pre-school setting, after school clubs or school meals setting will be registered with the Food Safety section at Oldham council. All food handlers will be trained in food hygiene or supervised by a person trained in food hygiene.

Food for staff

The staff in our school are clear about the aims and objectives of our school food policy. Staff have a duty to be good role models to pupils. All staff are encouraged to adopt the whole school food policy during the school days.

Fund raising events

Fund raising is an important part of school life. All fund raising activities will consider the importance of the whole school food policy. When possible the school will promote healthier choices, however, in some circumstances e.g. foreign school trips, the School Food Trust/DCSF food standards will not be applied, although on such occasions healthy alternatives will also be offered.

Complaints procedure

Our school welcomes the views of the whole school community and we will deal with complaints quickly and efficiently by following our complaint procedure. Copies are available from school. We will comply with the mandatory food standards and refer any complaints to the Secretary of State for direction, should we not be able to resolve a complaint about them.